



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

George Wellbeing Program

Group Acupuncture – Midway Schedule

Enhance your wellbeing in a group acupuncture session. RSVP and payment is required at least 24 hours prior to attending. Please call Midway at: 651-646-4557. All are welcome. Y membership not required to participate

	Monday	Tuesday	Wednesday	Thursday	Friday
8am					
9am					
10am					
11am					GROUP ACUPUNCTURE 10:00 - 12:00 Community Room
12pm					
1pm					
2pm	GROUP ACUPUNCTURE 1:00 - 3:00 Community Room		GROUP ACUPUNCTURE 1:00 - 3:00 Community Room		
3pm					
4pm		GROUP ACUPUNCTURE 3:00 - 5:00 Community Room		GROUP ACUPUNCTURE 3:00 - 5:00 Community Room	
5pm					
6pm					
7pm					



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* Please note that the schedule is subject to change due to the availability of room.

Acupuncture

\$22/\$16 for Y members

Group Acupuncture is a service where multiple clients are able to receive treatments at the same time. Clients are seated in zero gravity chairs in the same room, with a licensed acupuncturist moving from person to person. Clients can expect to be resting 45 minutes.