



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

George Wellbeing Program

Group Acupuncture – Blaisdell Schedule

Enhance your wellbeing in a group acupuncture session. RSVP and payment is required at least 24 hours prior to attending. Please call Blaisdell at: 612-827-5401.
All are welcome. Y membership not required to participate

	Monday	Tuesday	Wednesday	Thursday	Friday
8am					
9am					
10am					
11am					
12pm					
1pm					
2pm					
3pm	GROUP ACUPUNCTURE 2:00 – 4:00 Studio D	GROUP ACUPUNCTURE 2:00 – 4:00 Studio D	GROUP ACUPUNCTURE 2:00 – 4:00 Studio D	GROUP ACUPUNCTURE 2:00 – 4:00 Studio D	GROUP ACUPUNCTURE 2:00 – 4:00 Studio D
4pm					
5pm					
6pm					
7pm					



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Blaisdell Schedule

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Acupuncture

\$22/\$16 for Y members

Group Acupuncture is a service where multiple clients are able to receive treatments at the same time. Clients are seated in zero gravity chairs in the same room, with a licensed acupuncturist moving from person to person. Clients can expect to be resting 45 minutes.