

Hudson YMCA LAP POOL SCHEDULE

May 13 - May 19

Pool Schedule is subjected to change with no notice

15min Safety Breaks will be called if lifeguard to swimmer ratio is over 1:25

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---------------------------------------|--------------------|----------|--------------------|--------------------|-------------------|
| 5:00am - 7:55am | 5:00am - 7:20am | 5:00am - 7:55am | POOL | 5:00am - 7:20am | CLOSED | |
| Lap Swim (5) | Lap Swim (5) | Lap Swim (5) | | Lap Swim (5) | | CLOSED |
| Open Swim (1) | Water Exercise (1) | Water Exercise (1) | AREA | Water Exercise (1) | | |
| | | | CLOSED | | 7:00am - 7:55am | 7:00am - 9:00am |
| | 7:30am - 8:15am | | | 7:30am - 8:15am | Lap Swim (5) | Lap Swim (5) |
| | Water X Class | | | Water X Class | Water Exercise (1) | Water Exercise (1 |
| 8:10am - 8:55am | Water A class | 8:10am - 8:55am | | Trater x diass | 8:10am - 8:55am | |
| Water X Class | 8:20am - 9:20am | Water X Class | | 8:20am - 8:55am | Water X Class | |
| | Water X Class | | | Lap Swim (2) | | |
| | | | | Water Exercise | | |
| 9:00am - 10:00am | | 9:00am - 10:00am | | 9:00am - 10:00am | 9:00am - 11:05am | 9:00am - 4:45pm |
| Water X Class | 9:30am - 4:00pm | Water X Class | | Water X Class | Lap Swim (2) | Lap Swim (2) |
| | Lap Swim (4) | | | | Open Swim (1) | Open Swim (2) |
| | Open Swim (2) | | | | Swim Lessons | |
| l0:10am - 4:00pm | (=) | 10:10am - 6:00pm | | 10:10am - 8:45pm | | LG COURSE (2) |
| Lap Swim (4) | | Lap Swim (4) | | Lap Swim (4) | LG COURSE (2) | |
| Open Swim (2) | | Open Swim (2) | | Open Swim (2) | 11:05am-4:45pm | |
| | | | | | | |
| | | | | | Lap Swim (2) | |
| | | | | | Open Swim (2) | |
| | | | | | | |
| | | | | | LG COURSE (2) | |
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| 4:00pm - 6:00pm | 4:00pm - 6:00pm | | | | | |
| | | | | | | |
| Lap Swim (1) | Lap Swim (1) | | | | | |
| Open Swim (1) | Open Swim (1) | | | | | |
| | | | | | CLOSED | CLOSED |
| SWIM LESSONS | SWIM LESSONS | | | | 020025 | 020025 |
| | | | | | | |
| | | | | | | |
| 6:00pm - 6:40pm | 6:00pm - 6:40pm | 6:00pm - 6:40pm | | | | |
| | · · · · · · · · · · · · · · · · · · · | l ' ' | | | | |
| SWIM LESSONS | Lap Swim (1) | SWIM LESSONS | | | | |
| SWIM TEAM | SWIM LESSONS | SWIM TEAM | | 1 | | |
| 6:40pm - 8:45pm | 6:40pm - 8:45pm | 6:40pm - 8:45pm | | | | |
| Lap Swim (3) | Lap Swim (2) | Lap Swim (3) | | 1 | | |
| Open Swim (1) | Open Swim (1) | Open Swim (1) | | 1 | | |
| SWIM TEAM (2) | SWIM TEAM (2) | SWIM TEAM (2) | | | | |
| - · · · · · · · · · · · · · · · · · · · | BS SWIM TEST (1) | (-) | | | | |
| | 20 0141141 (1231 (1) | | | 1 | | |
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^{*}During Lap swim, you are required to share a lane with another swimmer if all lanes are full.

^{*}Private Lessons will use a lap lane when needed.



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LEISURE POOL SCHEDULE

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| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---|---|------------------------|-------------------------------------|---|--------------------------------------|
| CLOSED | CLOSED | CLOSED | POOL AREA CLOSED | CLOSED | CLOSED | CLOSED |
| | | | | | 8:00am - 9:00am Open Swim 9:00am - 11:00am | 9:00am - 11:00am |
| 10:10am - 2:00pm | 9:30am - 12:00pm Open Swim | 10:10am - 12:00pm | | 10:10am - 3:00pm | Open Swim Shallow-End | Open Swim |
| Open Swim | | Open Swim | | Open Swim | SWIM LESSONS | |
| | | | | | 11:00am - 1:00pm Open Swim | 11:00am - 2:00pm Open Swim |
| | CLOSED | CLOSED | | | 12:00pm - 4:00pm Open Swim SLIDE OPEN | SLIDE OPEN |
| CLOSED | | | | | | 2:00pm - 4:45pm Open Swim |
| | | | | CLOSED | | |
| 4:00pm - 6:40pm Open Swim Shallow-End | 4:00pm - 6:40pm Open Swim Shallow-End | 4:00pm - 6:40pm Open Swim Shallow-End | | 4:00pm - 5:00pm Open Swim | 4:00pm - 4:45pm Open Swim | |
| SWIM LESSONS | SWIM LESSONS | SWIM LESSONS | | 5:00pm - 7:00pm Open Swim | CLOSED | CLOSED |
| | | | | SLIDE OPEN | | |
| 6:40pm - 8:45pm Open Swim | 6:40pm - 8:45pm Open Swim | 6:40pm - 8:45pm Open Swim | | 7:00pm - 8:45pm Open Swim | | |

*Slide: Swimmers MUST pass a swim test! Swimmers with BLUE wristband must be 48" tall to use the slide.

Life Jackets and googles are NOT permitted on the slide.

*SWIM TEST will only be given when there is available staff.



Hudson YMCA LAP POOL SCHEDULE

May 20 - May 26

Pool Schedule is subjected to change with no notice

15min Safety Breaks will be called if lifeguard to swimmer ratio is over 1:25

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---|---|--|---|---|---|
| 5:00am - 7:55am Lap Swim (5) | 5:00am - 7:20am Lap Swim (5) | 5:00am - 7:55am Lap Swim (5) | 5:00am - 7:20am Lap Swim (5) | 5:00am - 7:20am Lap Swim (5) | CLOSED | CLOSED |
| Open Swim (1) | Water Exercise (1) 7:30am - 8:15am | Water Exercise (1) | Water Exercise (1) 7:30am - 8:15am | Water Exercise (1) 7:30am - 8:15am | 7:00am - 7:55am Lap Swim (5) Water Exercise (1) | 7:00am - 9:00am Lap Swim (5) Water Exercise (1) |
| 8:10am - 8:55am Water X Class | Water X Class 8:20am - 9:20am Water X Class | 8:10am - 8:55am Water X Class | 8:20am - 9:20am Water X Class | Water X Class 8:20am - 8:55am Lap Swim (2) | 8:10am - 8:55am Water X Class | water Exercise (1) |
| 9:00am - 10:00am Water X Class | 9:30am - 4:00pm Lap Swim (3) Open Swim (1) | 9:00am - 10:00am Water X Class | 9:30am - 6:00pm Lap Swim (4) Open Swim (2) | 9:00am - 10:00am Water X Class | 9:00am - 11:05am Lap Swim (3) Open Swim (1) Swim Lessons | 9:00am - 4:45pm Lap Swim (2) Open Swim (2) |
| 10:10am - 4:00pm Lap Swim (3) Open Swim (1) | LG COURSE (2) | 10:10am - 6:00pm Lap Swim (4) Open Swim (2) | open swiii (2) | 10:10am - 8:45pm Lap Swim (4) Open Swim (2) | 11:05am-4:45pm Lap Swim (4) | LG COURSE (2) |
| LG COURSE (2) | | LG COURSE (2) | | | Open Swim (2) | |
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| 4:00pm - 6:00pm | 4:00pm - 6:00pm | 4:00pm - 6:00pm | | | | |
| Lap Swim (1) Open Swim (1) | Lap Swim (1) Open Swim (1) | Lap Swim (4) Open Swim (1) | | | 0.000 | 21.202 |
| SWIM LESSONS | SWIM LESSONS | SWIM LESSONS | | | CLOSED | CLOSED |
| 6:00pm - 6:40pm SWIM LESSONS SWIM TEAM | 6:00pm - 6:40pm Lap Swim (1) SWIM LESSONS | 6:00pm - 6:40pm SWIM LESSONS SWIM TEAM | 6:00pm - 8:45pm Lap Swim (1) Open Swim (1) | | | |
| 6:40pm - 8:45pm Lap Swim (3) Open Swim (1) SWIM TEAM (2) | 6:40pm - 8:45pm Lap Swim (2) Open Swim (1) SWIM TEAM (2) | 6:40pm - 8:45pm Lap Swim (3) Open Swim (1) SWIM TEAM (2) | SWIM TEAM (2) LG INSERVICE (2) | | | |
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^{*}During Lap swim, you are required to share a lane with another swimmer if all lanes are full.

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LEISURE POOL SCHEDULE

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| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-------------------------------------|-------------------------------------|-------------------------------------|------------------|-------------------------------------|-------------------------------|--------------------------------------|
| CLOSED | CLOSED | CLOSED | | CLOSED | CLOSED | CLOSED |
| | | | CLOSED | | | |
| | | | CLOSED | | | |
| | | | | | | |
| | | | | | 8:00am - 9:00am | |
| | | | | | Open Swim | |
| | | | | | 9:00am - 11:00am | 9:00am - 11:00am |
| | 9:30am - 12:00pm | | 9:30am - 12:00pm | | Open Swim | Open Swim |
| 10:10am - 2:00pm | Open Swim | 10:10am - 12:00pm | Open Swim | 10:10am - 3:00pm | Shallow-End | |
| Open Swim | | Open Swim | | Open Swim | SWIM LESSONS | |
| | | | | | 44.00 | 11.00 |
| | | | | | 11:00am - 1:00pm Open Swim | 11:00am - 2:00pm Open Swim |
| | | | | | | |
| | CLOSED | CLOSED | CLOSED | | | SLIDE OPEN |
| | | | | | | |
| | | | | | 1:00pm - 4:00pm | |
| | | | | | Open Swim | |
| CLOSED | | | | | SLIDE OPEN | 2:00pm - 4:45pm |
| 020025 | | | | | | Open Swim |
| | | | | | | |
| | | | | CLOSED | | |
| | | | | | | |
| 4:00pm - 6:40pm | 4:00pm - 6:40pm | 4:00pm - 6:40pm | 4:00pm - 8:45pm | 4:00pm - 5:00pm | 4:00pm - 4:45pm | |
| Open Swim | Open Swim | Open Swim | Open Swim | Open Swim | Open Swim | |
| Shallow-End | Shallow-End | Shallow-End | | | CLOSED | CLOSED |
| SWIM LESSONS | SWIM LESSONS | SWIM LESSONS | | 5:00pm - 7:00pm Open Swim | | |
| | | | | | | |
| | | | 6:00pm - 8:00pm | SLIDE OPEN | | |
| | | | Open Swim | | | |
| 6:40: 0.77 | 6.40% 0.17 | C.40. | SLIDE OPEN | | | |
| 6:40pm - 8:45pm Open Swim | 6:40pm - 8:45pm Open Swim | 6:40pm - 8:45pm Open Swim | SLIDE OF LIN | 7:00pm - 8:45pm | | |
| | · | · | | Open Swim | | |
| | | | 8:00pm - 8:45pm | | | |
| | | | Open Swim | | | |

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