



New Hope YMCA

GYM SCHEDULE

April 29th - May 31st

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym
5:00	Drop-in Open Gym 5:00am-6:30am		Drop-in Open Gym 5:00am-6:30am		Drop-in Open Gym 5:00am-6:30am		Drop-in Open Gym 5:00am-6:30am		Drop-in Open Gym 5:00am-6:30am		CLOSED		CLOSED	
5:30														
6:00														
6:30														
7:00														
7:30	Drop-in Open Gym 6:30am-9:30am	Childcare Programs 6:30am-9:30am			Drop-in Open Gym 6:30am-9:30am	Childcare Programs 6:30am-9:30am			Drop-in Open Gym 6:30am-9:30am	Childcare Programs 6:30am-9:30am				
8:00														
8:30														
9:00														
9:30														
10:00	Drop-in Pickleball 10:00am-12:00pm				Drop-in Pickleball 10:00am-12:00pm				Drop-in Pickleball 10:00am-12:00pm					
10:30														
11:00														
11:30			Drop-in Open Gym 6:30am-5:00pm	Childcare Programs 6:30am-5:00pm										
12:00														
12:30														
1:00														
1:30														
2:00	Drop-in Open Gym 12:00pm-5:00pm	Childcare Programs 12:00pm-5:00pm			Drop-in Open Gym 12:00pm-5:00pm	Childcare Programs 12:00pm-5:00pm	Drop-in Pickleball 1:00pm-3:00pm		Drop-in Open Gym 12:00pm-5:00pm	Childcare Programs 12:00pm-5:00pm	Drop-in Pickleball 12:00pm-2:00pm		12:00pm-2:30pm Drop-In Open Gym	
2:30														
3:00														
3:30														
4:00							Drop-in Open Gym 3:00pm-5:00pm	Childcare Programs 3:00pm-5:00pm			Drop-in Pickleball 12:00pm-2:00pm		2:30pm-4:30pm Family Gym	
4:30														
5:00											4:30pm-5:00pm Closed		4:30pm-5:00pm Closed	
5:30	Drop-in Open Gym 5:00pm-8:30pm		Drop-in Open Gym 5:00pm-6:30pm		Drop-in Open Gym 5:00pm-8:30pm				Drop-in Open Gym 5:00pm-8:30pm					
6:00														
6:30			Youth Sports 6:30pm-8:00pm											
7:00							Youth Sports 5:30pm-9:00pm							
7:30														
8:00			Drop-in Open Gym 8:00pm-8:30pm											
8:30														
9:00	8:30pm-9:00pm Closed		8:30pm-9:00pm Closed		8:30pm-9:00pm Closed		8:30pm-9:00pm Closed		8:30pm-9:00pm Closed		CLOSED		CLOSED	

Entire Gym Closed:

Last Updated: 4/29/2024