



Hastings YMCA

GYM SCHEDULE

APRIL 1 - 30, 2024

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday			
	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym		
5:00	5:00am-9:00am Drop-In Open Gym		5:00am-7:45am Drop In Open Gym		5:00am-6:00am Drop In Open Gym		5:00am-8:00am Drop In Open Gym		5:00am-9:00am Drop In Open Gym		CLOSED		CLOSED			
5:30					6:00am-8:00am Open Pickleball											
6:00			7:45am-10:30am Group Exercise Classes		8:00am-9:00am Drop In Open Gym		8am-9am Wiggle Giggle Roll				8am-9am Open Gym					
6:30					Group Exercise Class 9:05am-11:15am		Group Exercise Class 9:05am-11:15am				Group Exercise Classes 9:05am-11:15am		Group Exercise Class 9:05am-11:15am			
7:00	Group Exercise Class 9:05am-11:15am		11am-12pm Youth Programming - Homeschool PE		11:15am - 12pm All Ages Pickleball		11:15am - 12:30pm Open Gym		11:15am - 12pm All Ages Pickleball		11:15am-12pm Open Gym		7:00am - 5:00pm Open Gym. The Gym will be CLOSED 12pm - 4pm on Sunday, April 7th for a Pickleball Tournament, and on April 21st 12:00pm-4:00pm for our Community Open House!			
7:30					11am-12pm Pickleball Lessons		10:30am-12pm Open Gym		12:00pm - 2:00pm Adult Pickleball		12:00pm-2:00pm Adult Pickleball				12:00pm-2:00pm Adult Pickleball	
8:00	2:00pm-4:45pm Drop-In Open Gym		2:00pm-5:30pm Drop In Open Gym		1:45pm-4:00pm Drop In Open Gym		2:00pm-4:00pm Drop In Open Gym		2:00pm-5:00pm Drop In Open Gym		8:00am - 5:00pm Open Gym. The GYM will be CLOSED 8am-5pm on Saturday, April 13th & 20th for Youth Basketball Games and CLOSED 9am-12pm on Saturday, April 27 for Volleyball.					
8:30					4pm-5pm Open Gym		4pm-6pm Pick Up Basketball		4pm-5pm Youth Sports- Basketball Class						4pm-5pm Open Gym	
9:00	4:45pm-7:15pm Youth Sports - Volleyball		5:30pm-8:50pm Pick Up Basketball		5pm-5:45pm Youth Programming		5:00pm - 6:00pm Open Gym		5pm-6pm Open Gym		5:00pm-7:00pm Pick Up Basketball					
10:00	7:15pm - 8:50pm Drop In Open Gym		6:30pm - 8:50pm Open Gym		5:45pm - 7:15pm Youth Sports		6:00pm - 8:00pm Youth Sports - Basketball Leagues		6:00pm - 8:50pm All Ages Pickleball		6:00pm-8:50pm All Ages Pickleball				CLOSED	
10:30					7:15pm - 8:50pm Drop In Open Gym		8:00pm - 9:00pm Open Gym		8:00pm - 9:00pm Open Gym		7:00pm - 8:50pm Open Gym				7:00pm - 8:50pm Open Gym	
11:00	11:15am-12pm All Ages Pickleball		11am-12pm Pickleball Lessons		11:15am - 12pm All Ages Pickleball		11:15am - 12:30pm Open Gym		11:15am - 12pm All Ages Pickleball		11:15am-12pm Open Gym				CLOSED	
11:30	12:00pm-2:00pm Adult Pickleball		12:00pm-2:00pm Adult Pickleball		12:00pm - 2:00pm Adult Pickleball		12:00pm-2:00pm Adult Pickleball		12:00pm-2:00pm Adult Pickleball		12:00pm-2:00pm Adult Pickleball				CLOSED	
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1:00	12:00pm-2:00pm Adult Pickleball		12:00pm-2:00pm Adult Pickleball		12:00pm - 2:00pm Adult Pickleball		12:00pm-2:00pm Adult Pickleball		12:00pm-2:00pm Adult Pickleball		12:00pm-2:00pm Adult Pickleball		CLOSED			
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2:00	2:00pm-4:45pm Drop-In Open Gym		2:00pm-5:30pm Drop In Open Gym		1:45pm-4:00pm Drop In Open Gym		2:00pm-4:00pm Drop In Open Gym		2:00pm-5:00pm Drop In Open Gym		8:00am - 5:00pm Open Gym. The GYM will be CLOSED 8am-5pm on Saturday, April 13th & 20th for Youth Basketball Games and CLOSED 9am-12pm on Saturday, April 27 for Volleyball.		CLOSED			
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3:00	2:00pm-4:45pm Drop-In Open Gym		2:00pm-5:30pm Drop In Open Gym		1:45pm-4:00pm Drop In Open Gym		2:00pm-4:00pm Drop In Open Gym		2:00pm-5:00pm Drop In Open Gym		8:00am - 5:00pm Open Gym. The GYM will be CLOSED 8am-5pm on Saturday, April 13th & 20th for Youth Basketball Games and CLOSED 9am-12pm on Saturday, April 27 for Volleyball.		CLOSED			
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5:00	4:45pm-7:15pm Youth Sports - Volleyball		5:30pm-8:50pm Pick Up Basketball		5:45pm - 7:15pm Youth Sports		6:00pm - 8:00pm Youth Sports - Basketball Leagues		6:00pm - 8:50pm All Ages Pickleball		6:00pm-8:50pm All Ages Pickleball		CLOSED			
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****Gym Schedule is subject to change, due to events, weather, and Y programming. There could be frequent adjustments to the gym schedule.**

Adult Pickleball Description Rotating Adult pick-up games on a first come, first serve basis. Open to all levels of Adult players
All Ages Pickleball Description Rotating pickleball play for youth and adults. Open to all ages and ability levels

Wiggle Giggle Roll Description NEW TIME: Thursdays 8:00am-9:00am Gym Time that is a drop in time for families with children to play together in the gym. We'll bring out scooters, balls, and other play equipment each week for lots of fun. Parent/guardian supervision is required.
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GYM CLOSURES: The Y Gym will be CLOSED for Programming on the following days & times: 12:00pm - 4:00pm Sunday, April 7th - Pickleball Tournament 8:00am - 5:00pm Saturday, April 13 - Basketball Games 8:00am - 5:00pm Saturday, April 20 - Basketball Games 12:00pm - 4:00pm Sunday, April 21st - Community Open House 9:00am - 12:00pm Saturday, April 27th - Volleyball Tournament
