## Ridgedale YMCA \*Hot Tub Cleaned Every Other Tuesday Morning.

April 28th - May 5th, 2024

\*NO Reservations Required (Except Water Ex Classes)

\*Schedule subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 8:00am	5:00am - 8:00am	5:00am - 8:00am	5:00am - 8:00am	5:00am - 8:00am		
Lap Swim (5) Exercise Lane (1)	Lap Swim (5) Exercise Lane (1)	Lap Swim (5) Exercise Lane (1)	Lap Swim (5) Exercise Lane (1)	Lap Swim (5) Exercise Lane (1)	CLOSED	CLOSED
					7:00am - 8:45am Lap Swim (5) Water Exercise (1)	7:00am - 9:00am Lap Swim (5) Water Exercise (1)
8:15-8:45 CLOSED	8:15-8:45 CLOSED	8:15-8:45 CLOSED	8:15-8:45 CLOSED	8:15-8:45 CLOSED	(-,	(-)
9:00am - 12:00pm Water Ex Class	9:00am - 9:45am Water Ex Class	9:00am - 12:00pm Water Ex Class	9:00am - 9:45am Water Ex Class	9:00am - 12:00pm Water Ex Class	9:00am - 9:45am Water Ex Class	9:15am - 11:45am
> 9:00 - 10:00 > 10:15 - 11:00 > 11:15 - 12:00	10:00am - 3:00pm	> 9:00 - 10:00 > 10:15 - 11:00 > 11:15 - 12:00	10:00am - 3:00pm	> 9:00 - 10:00 > 10:15 - 11:00 > 11:15 - 12:00	10:00am - 12:00pm Lap Swim (5) Water Exercise (1)	Lap Swim (4) Open Swim (2)
12:15pm - 2:55pm	Lap Swim (5) Exercise Lane (1)	12:15pm - 2:55pm	Lap Swim (5) Exercise Lane (1)	12:15pm - 4:00pm	12:15pm - 3:45pm	12:00pm - 1:00pm Water Ex Class
Lap Swim (5) Water Exercise (1)		Lap Swim (5) Water Exercise (1)		Lap Swim (5) Water Exercise (1)	Lap Swim (4) Open Swim (2)	1:00pm - 2:15pm
						Lap Swim (5) Water Exercise (1)
3:00pm - 4:15pm	3:00pm - 5:00pm	3:00pm - 4:15pm	3:00pm - 5:15pm			2:30pm - 4:45pm
Lap Swim (4) Open Swim (2)	5.00pm 5.00pm	Lap Swim (4) Open Swim (2)	5.00pm 5.15pm	4:15pm - 6:15pm	4:00pm - 4:45pm	Swim Team
4:30pm - 6:45pm	Lap Swim (4) Open Swim (2)	4:30pm - 6:45pm	Lap Swim (4) Open Swim (2)		Lap Swim (5) Water Exercise (1)	
Swim Lessons (5) Lap Swim (1)		Swim Lessons (5) Lap Swim (1)		Lap Swim (4) Open Swim (2)		
	5:15pm - 6:45pm		5:30pm - 6:30pm			
	Swim Team (5) Lap Swim (1)		Swim Team (6) No Lap Swim 6:30pm - 8:30pm	6:30pm - 7:30pm		
	6:45pm - 8:30pm	6:45pm - 8:45pm		Water Ex Class	CLOSED	CLOSED
7:00pm - 7:45pm Water Ex Class	Swim Team (4) Lap Swim (2)	Lap Swim (5)	Swim Team (4) Lap Swim (2)	7:30pm - 8:45pm	CLOSED	CLOJED
8:00pm - 8:45pm		Water Exercise (1)		Lap Swim (5) Water Exercise (1)		
Lap Swim (5) Water Exercise (1)	CLOSED		CLOSED			

For most up to date schedule, please check online: https://www.ymcanorth.org/all\_y\_schedules/pdf\_schedules

Open Swim is only available when listed on the schedule. If it is not listed on the schedule, it is not available.

## Ridgedale YMCA \*Hot Tub Cleaned Every Other Tuesday Morning. LAP POOL SCHEDULE

May 6th -12th, 2024

\*NO Reservations Required (Except Water Ex Classes)

\*Schedule subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 8:00am	5:00am - 8:00am	5:00am - 8:00am	5:00am - 8:00am	5:00am - 8:00am	,	
Lap Swim (5) Exercise Lane (1)	Lap Swim (5) Exercise Lane (1)	CLOSED	CLOSED			
					7:00am - 8:45am	7:00am - 9:00am
					Lap Swim (5) Water Exercise (1)	Lap Swim (5) Water Exercise (1)
8:15-8:45 CLOSED	8:15-8:45 CLOSED	8:15-8:45 CLOSED	8:15-8:45 CLOSED	8:15-8:45 CLOSED	Water Excicise (1)	Water Excitise (1)
9:00am - 12:00pm	9:00am - 9:45am	9:00am - 12:00pm	9:00am - 9:45am	9:00am - 12:00pm	9:00am - 9:45am	9:15am - 11:45am
Water Ex Class	Water Ex Class	Water Ex Class	Water Ex Class	Water Ex Class	Water Ex Class	
> 9:00 - 10:00	10:00am - 3:00pm	> 9:00 - 10:00	10:00am - 3:00pm	> 9:00 - 10:00	10:00am - 4:45pm	Lap Swim (4)
> 10:15 - 11:00		> 10:15 - 11:00		> 10:15 - 11:00		L.G. Certification
> 11:15 - 12:00		> 11:15 - 12:00		> 11:15 - 12:00		Class (2)
	Lap Swim (5)		Lap Swim (5)			
12:15pm - 2:55pm	Exercise Lane (1)	12:15pm - 2:55pm	Exercise Lane (1)	12:15pm - 4:00pm		12:00pm - 1:00pm
Lap Swim (5)		Lap Swim (5)		Lap Swim (5)		Water Ex Class
Water Exercise (1)		Water Exercise (1)		Water Exercise (1)	Lap Swim (4)	1:00pm - 2:15pm
					L.G. Certifcation	
					Class (2)	Lap Swim (4) L.G. Cert Class (2)
						2:30pm - 4:45pm
3:00pm - 4:15pm	3:00pm - 5:00pm	3:00pm - 4:15pm	3:00pm - 5:15pm			2.50pm 4.45pm
Lap Swim (4)	5.00pm 5.00pm	Lap Swim (4)	Steepin Stippin			
Open Swim (2)		Open Swim (2)		4:15pm - 6:15pm		Swim Team
4:30pm - 6:45pm	Lap Swim (4)	4:30pm - 6:45pm	Lap Swim (4)			
	Open Swim (2)		Open Swim (2)			
Swim Lessons (5)		Swim Lessons (5)		Lap Swim (4)		
Lap Swim (1)		Lap Swim (1)		L.G. Certification		
				Class (2)		
	5:15pm - 6:45pm					
			5:30pm - 6:30pm			
	Swim Team (5) Lap Swim (1)		Swim Team (6) <b>No Lap Swim</b>			
	Lup 300111 (1)		6:30pm - 8:30pm	6:30pm - 7:30pm		
	6:45pm - 8:30pm	6:45pm - 8:45pm		Water Ex Class (4)		01.00555
7:00pm - 7:45pm	Swim Team (4)		Swim Team (4)		CLOSED	CLOSED
Water Ex Class	Lap Swim (2)	Lap Swim (5)	L.G. Certification Class (2)	7:30pm - 8:45pm		
		Water Exercise (1)	(2)	Lap Swim (4)		
8:00pm - 8:45pm				L.G. Certification		
Lap Swim (5)				Class (2)		
Water Exercise (1)	CLOSED		CLOSED			

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