



**BLAISDELL YMCA**

# LAP POOL SCHEDULE

April 29th - May 5th

Schedule is subject to change

\*\*\*Reservations Required for Water X Class

| Monday   | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday  | Sunday   |
|--|---|--|---|---|---|--|
| 5:00-8:00<br>Lap Swim (6)<br>Water Exercise (Pit)              | 5:00-8:10<br>Lap Swim (6)<br>Water Exercise (Pit)                                   | 5:00-8:10<br>Lap Swim (6)<br>Water Exercise (Pit)              | 5:00-9:45<br>Lap Swim (6)<br>Water Exercise (Pit)                                   | 5:00-8:10<br>Lap Swim (6)<br>Water Exercise (Pit)                 | CLOSED  | CLOSED<br>7:00-10:00   |
| CLOSED<br>8:00-12:30   | 8:10-9:00<br>Water X Class  | 8:10-9:00<br>Water X Class                                     | 9:45-10:00 CLOSED<br>10:00-4:30<br>Lap Swim (6)<br>Shallow Water<br>Open Swim (Pit) | 8:10-9:00<br>Water X Class  | 7:00-8:00<br>Lap Swim (6)   |  |
|  | 9:00-9:45<br>Lap Swim (6)   | 9:00-9:45<br>Lap Swim (6)                                      |   | 9:00-10:00<br>Lap Swim (6)  | 8:00-8:45<br>Water X Class  |  |
|  | 9:45-10:00 CLOSED<br>10:00-4:00<br>Lap Swim (6)<br>Shallow Water<br>Open Swim (Pit) | 9:45-12:00<br>Lap Swim (5)<br>Swim Lesson (1+Pit)              |   | 10:00-5:00<br>Lap Swim (6)<br>Shallow Water<br>Open Swim (Pit)    | 9:00-1:00<br>18+ Lap Swim (4)<br>Swim Lessons<br>(2+Pit)          | 10:00-1:00<br>Lap Swim (6)<br>Shallow Water<br>Open Swim (Pit) |
| 12:30-4:30<br>Lap Swim (6)<br>Shallow Water<br>Open Swim (Pit) | 12:00-4:00<br>Lap Swim (6)<br>Shallow Water<br>Open Swim (Pit)                      | 12:00-4:00<br>Lap Swim (6)<br>Shallow Water<br>Open Swim (Pit) | CLOSED 11:45-12<br>10:00-5:00<br>Lap Swim (6)<br>Shallow Water<br>Open Swim (Pit)   | 1:00-4:00<br>Lap Swim (3)<br>Open Swim (3+Pit)<br>Jump Board Open | 1:00-4:00<br>Lap Swim (3)<br>Open Swim (3+Pit)<br>Jump Board Open |  |
| CLOSED<br>4:30-5:00  |   |  |   |   |   | 4:30-7:30<br>18+ Lap Swim (4)<br>Swim Lessons<br>(2+Pit)       |
| 5:00-8:00<br>Lap Swim (4)<br>Open Swim (2+Pit)                 | CLOSED 7:30-7:45<br>7:45-8:30<br>18+ Lap Swim (6)                                   | CLOSED<br>4:00-8:45  | 5:00-8:00<br>Lap Swim (4)<br>Open Swim (2+Pit)                                      | CLOSED  | CLOSED  |  |
| 8:00-8:45<br>18+ Lap Swim (6)                                  | CLOSED 8:30-8:45  |  | 8:00-8:45<br>18+ Lap Swim (6)   |   |   | 8:00-8:45<br>18+ Lap Swim (6)                                  |

During Lap Swim, you are required to share a lane with another swimmer if all lanes are full. This may include circle swimming. All swimmers under 15 must have a pink wristband in order to lap swim.  
Please Note: The whirlpool is closed every Wednesday 10:00am-2:00pm.